



## THE SPA AT ROSEWOOD KAURI CLIFFS

We invite you to relax, rejuvenate, and revive your spirit in a tranquil space where nature prevails.

Our Spa is nestled at the edge of a Totara forest, overlooking a verdant fern glen and winding stream.

Each treatment room, including our couple's room, has floor-to-ceiling views and opens onto a private outdoor patio with forest surroundings and native birdsong.

The Spa has four treatment rooms, locker rooms with showers, a sauna, Jacuzzi spa pool, indoor heated lap pool and fitness centre, with a range of exercise equipment and free weights.

At The Spa at Rosewood Kauri Cliffs, we are committed to providing quality treatments that are personalised to suit you. We offer a variety of services, including different styles of massage, luxurious facials, invigorating body treatments and nail services.

Please contact the Spa to make an appointment by calling extension '207' or the lodge reception on '0'.

We look forward to welcoming you soon.

## SIGNATURE BODY TREATMENTS

### MANUKA HONEY HEALING COCOON

Be prepared to be pampered as you experience a Manuka Honey scrub, Creamy Manuka Honey wrap, and mini-Manuka facial. The treatment is very nourishing to the skin.

90 min \$380

### MANUKA SCRUB AND MASSAGE

Your treatment begins with a full body Manuka Honey scrub, followed by your choice of a relaxation or deep tissue Massage using our Healing Manuka Balm.

90 min \$380

### JETLAG, HEADACHE & SINUS RELIEF

Hot compresses, infused with essential oils, combine with a back, neck and head massage and pressure points treatment to offer relief from headaches, dizziness, tiredness, jetlag, sinus, and stress conditions.

50 min \$220

## SIGNATURE FACIALS

### HEALING MANUKA HONEY FACIAL

Utilising the rejuvenating and healing benefits of our locally made and harvested Manuka Honey we have created this beautiful facial which is suitable for all skin types and especially good for those who have been enjoying the outdoor elements. A nourishing and calming facial.

60 min \$290 / 90 min \$380 (includes a Manuka back massage)

### GENTLEMAN'S FACIAL

A classical facial treatment designed specifically to meet the needs of a man's skin. Our gentleman's is deep pore cleansing, balancing, and nourishing. Warm compresses, combined with a scalp, face, neck and shoulder massage, ensure total relaxation.

60 min \$290 / 90 min \$380

### SKIN SOLUTIONS FACIAL

The ultimate treatment for those who want to see results! After a skin analysis your therapist will help you choose from our range of advanced skin care, the most effective products for your facial. Especially beneficial for those with problem skin, as this facial will be completely customised just for you.

60 min \$290 / 90 min \$380 (includes a back massage)

## SIGNATURE MESSAGES

### RELAXATION MASSAGE

Combining various styles of massage your therapist will use light, medium or firm pressure to transform a traditional Swedish massage into a personalised treatment to promote body and mind relaxation.

60 min \$290 / 90 min \$380

### DEEP TISSUE MASSAGE

Using firm to deep pressure, and paying attention to trigger points, this massage effectively loosens connective tissue and releases accumulated tension in tight, stressed areas.

60 min \$290 / 90 min \$380

### GOLFER'S SPORTS MASSAGE

A pre or post-golf sports massage, designed to loosen tight upper body muscles. Your back, neck, shoulders and arms will be treated specifically to enhance your golf experience.

60 min \$290 / 90 min \$380

### PREGNANCY MASSAGE

With special care, our relaxation massage is re-created as a fully supported spa experience for the mother-to-be who is in her second or third trimester. The massage is performed in a side-lying position, using pregnancy-safe products and techniques.

60 min \$290

## TREATMENTS FOR HANDS AND FEET

### PINK BEACH MANICURE

Beginning with a light exfoliation, your fingernails are then shaped, and cuticles trimmed. A nourishing mask is applied, and your hands are massaged. Your nails are then highlighted with the polish colour of your choice.

50 min \$150

### PINK BEACH PEDICURE

Begin your pedicure with a relaxing foot soak and exfoliation. Nails are shaped, buffed and cuticle repaired before a moisture mask is applied. Unwind with a soothing foot and calf massage followed by your choice of polish.

60 min \$180

### EXPRESS MANICURE OR PEDICURE

An express treatment designed for the quick repair of nails and cuticles of the hands OR feet. Cuticles are pushed back, and nails are shaped and buffed or painted.

35 min \$110

### EXPRESS COMBO – MANICURE AND PEDICURE

A basic treatment to tidy and quickly improve the appearance of the hands and feet. Cuticles are pushed back, and nails are shaped and buffed or painted.

75 min \$215

## ADDITIONAL SERVICES

### TREATMENT ENHANCERS

One or more of the following extras can be incorporated into most 60 or 90 minute treatments to enhance your experience:

Warm Scalp Massage    \$40

Eye Mask                    \$40

Manuka Honey Balm    \$15

### PERSONAL FITNESS/ YOGA / PILATES INSTRUCTOR

Available on request. Private instruction is customised to your fitness level and offered on-site subject to availability of a trainer.

### PERSONAL HAIR STYLIST

Available on request. On-site bookings are subject to availability of contracted stylist. Off-site bookings at a local salon are also available.

## SPA INFORMATION

### SPA HOURS

The Spa is open 7 days a week with treatments available between 11am to 6pm. The fitness centre, lap pool, Jacuzzi, and dry sauna are accessible 24-hours.

### YOUR APPOINTMENT

We suggest you arrive 10 minutes early to complete a consultation form before your treatment begins.

### EARLY ARRIVAL FOR APPOINTMENT

Should we be engaged in a treatment when you arrive, kindly relax with tea, fresh water, and nibbles in the waiting area. Your spa therapist will meet you there as soon as they are available.

### CONSULTATION

Your therapist will conduct a brief consultation before beginning your treatment to ensure that you receive the treatment most suited to you. It is vital that we are advised of all health concerns on your consultation form so that we can address your special requirements and customise treatments where necessary.

### YOUR SPA THERAPIST

We have a team of professional and fully qualified therapists. Feel free to present your requests to your therapist as each therapist has unique skills and may be able to offer variations on the spa menu, personalised especially for you.

### SPA ETIQUETTE

The Spa is an area of relaxation and tranquillity and as such all areas around and within the building are noise-free zones. We request that guests keep noise levels to a minimum and refrain from using cell phones or electronic devices in the spa complex as this may disturb treatments in progress.

### CANCELLATION POLICY

Treatment times are reserved exclusively for you. If you need to cancel or change the time of your treatment, please give us at least 8 hours' notice. We will make every effort to accommodate your wishes but may not be able to guarantee the availability of a therapist or specific treatment at another time.