



# Cancer Caregivers by Osara Health.

More support when you need it most.

## Personalised guidance for those caring for a loved one with a cancer diagnosis.

Caring for someone with a cancer diagnosis can be an emotionally and physically challenging time of life. The Cancer Caregivers programme is here to help those affected, navigate every step of the journey so they can be there for their loved one, and themselves, with confidence and care.



## Cancer Caregivers offers the following services.



### Personalised Cancer Coach.

Get one-on-one guidance from expert coaches who understand your challenges and can help you manage the emotional and practical aspects of caregiving.



### Evidence-based resources.

Find holistic support options, from lifestyle tips to emotional wellbeing tools, designed to complement your loved one's treatment plan.



### Care for caregivers.

Receive support to help you manage stress and maintain your own health.



### How to access Cancer Caregivers.

It's easy to get started.

If you have an inforce Fidelity Life trauma, life or income protection cover, and are caring for someone who has received a cancer diagnosis, speak to your adviser or call us on **0800 88 22 88** to see how you or your immediate family can access this service.



## Why choose Fidelity Life?

Since 1973, we've helped people live with more certainty, knowing that tomorrow's taken care of. Important to us, is our ability to stay relevant to you throughout your life. We'll be here as you change and grow, to celebrate your successes and support you when life doesn't quite go to plan.



### Protecting your New Zealand way of life.

It's our promise to you. We love our place in the world and exist to look after New Zealanders like you.



### Here when you need us.

Life doesn't always go to plan. Rest assured we want to pay your claim.



### Like you, we're local.

Our friendly New Zealand based customer care team are here for you come rain or shine.



### You're in safe hands.

Chances are we've helped a New Zealander near you. You can rely on us to be here for you when it matters most.



### Our financial strength rating.

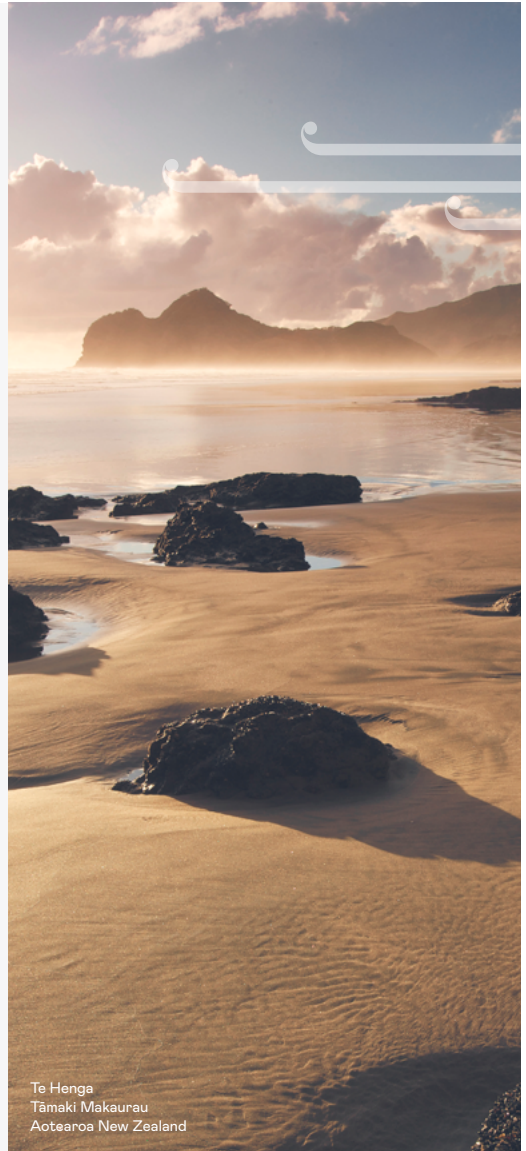
Issued by A.M. Best, our A- (Excellent) financial strength rating indicates our ability to pay claims.



### Doing right by New Zealanders.

Every day we work to protect our environment, make a real difference to people, act responsibly and operate with transparency.

\*Fidelity Life has an A- (Excellent) financial strength rating from A.M. Best. The rating scale that this rating forms part of is available for inspection at our offices. For more information please visit Fidelity Life's [financial strength page](#).



Cancer Caregivers is not a policy benefit and Fidelity Life reserves the right to discontinue it or amend the eligibility criteria at any time. If you have already commenced participation in Cancer Caregivers, however, and we elect to suspend or discontinue it, we will work together in good faith with Osara Health to ensure that you will continue to be supported until the conclusion of the service. You can read criteria or [Terms and Conditions](#) for Cancer Caregivers on our website.

## Cancer Caregivers

Brought to you by



Cancer Caregivers  
by OSARA HEALTH

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